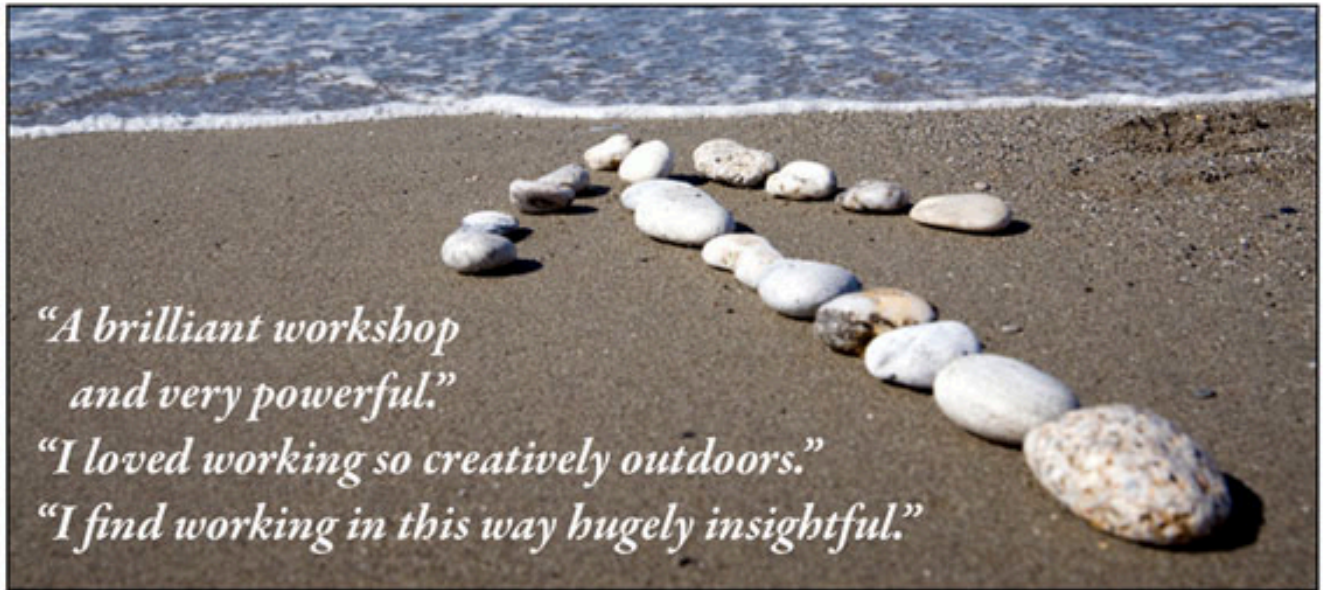


# Core Purpose and Direction



*"A brilliant workshop  
and very powerful."*

*"I loved working so creatively outdoors."*

*"I find working in this way hugely insightful."*

## A one day workshop at Hill End, Farmoor, Oxford

**Saturday 11<sup>th</sup> Oct 2014**

**9.30am - 4.30pm**

How do I want to use my time?  
What does making a living mean to me?  
What are my needs and my resources?  
What is my unique contribution to the world? Who needs what I have to offer?

This workshop will provide a creative space for these important questions to be explored. We will be introducing methods of mapping the systems we belong to, to explore our unique place, core purpose and direction in the world. Some of the day will be spent outdoors as we believe nature provides inspiration, stillness, clarity and is a mirror for what we know and what we have forgotten.



This workshop will be led by **Milly Sinclair** and **Annie Davy** who are both experienced in the fields of coaching and organisational development. They are both trained in and inspired by Systemic Constellations, a methodology originally developed by Bert Hellinger.

Cost: £55 or £30 for students & low-waged.

To book or to find out more please call Milly

on **07703 181 630** or email **thenatureeffect@gmail.com**

To find out more see: [www.millysinclair.com](http://www.millysinclair.com) or [www.thenatureeffect.co.uk](http://www.thenatureeffect.co.uk)